March For Life - Friday, January 18, 2019 TIPS IN PREPARATION FOR THE MARCH

Here are notes & suggestions to prepare you for the March ForLife:

A) A special Prayer Service will be held for us at 5:00AM in St. Benedict's Chapel (485 Conklin St, Farmingdale, NY -between the rectory and the parking lot). Attendance of this is optional.

B) THE BUS LEAVES AT 6:00AM – Don't be late!

C) The <u>high temperature</u>, in Washington, is expected to be about **46 degrees**; and the <u>low</u> is projected to be 33 degrees. Sunshine will smile upon us in the afternoon. Winds of 8 mph are expected. Dress accordingly. I have many new green scarves that my wife, Pattie, has been crocheting. If you have one from last year, you may want to bring it in case I run out. The scarves will also serve to <u>identify who is in our group</u>.

D) As a Boy Scout leader- pack an extra pair of thick dry socks and leave them on the bus. If your feet get wet from sweating or puddles on the ground, you can put these on for the bus ride home. Warm, dry feet can make the rest of your trip more comfortable.

E) We will be praying the Rosary, and the Chaplet of Divine Mercy, on the bus so bring your Rosary beads if you want. I will have some extra sets if you want to use them.

F) You can park your cars in the lot next to the chapel (where the outreach building is). Just don't park in the spots marked reserved (as for the clergy or the staff). In fact, try to park along the fence to save the spots closest to the Outreach building for their use.

G) You will need money for breakfast (at a rest stop in Delaware), and to tip the bus driver (\$5 minimum per person is suggested).

H) We will not be stopping anywhere for lunch so bring a pocket-size snack, like a breakfast bar or trail mix).

I) After the March, we will proceed to St. Joseph's Church (313 2nd St NE) for a short prayer service and then I will call the bus to arrange where we should go to meet him. **The quicker we ALL assemble at St. Joseph's, the quicker we can meet up with the bus for the trip home.** So look to check in with me and stay in groups in one spot -we want to get on the bus and head home as early as possible (between 4:00 and 5:00PM).

J) Many of the flyers and info I hand out on the bus are also available on my website: www.standagainstabortion.org -save it in your phone.

K) Program my cell number into your phones: 516-523-0373 -Paul Montenero. Call or text my cell (516-523-0373), or send me an email at PaulJ@clearcutcomputing.com.

FOR THOSE WHO CANNOT ATTEND THE MARCH - Pass this along:

Eucharistic Adoration will be offered in St. Benedict Chapel (485 Conklin St., Farmingdale) for those who are unable to travel to the March in Washington DC. on Friday, January 18th 10:00AM till 9:00PM. Please pass this along to those you know.